Key Findings for India from the Global Burden of Disease Study 2015

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Triple Burden of Disease in India

- Unfinished agenda of communicable diseases
- Emerging non-communicable diseases
- Emerging infectious diseases

With 2.4% of land mass, India supports 17.8% of population which is still growing at 17.7% decadal rate.

The Global Burden of Disease Study Approach

A systematic scientific effort

to quantify the comparative magnitude of health loss

due to diseases, injuries and risk factors

by age, sex and geographies for specific points in time

Global Burden of Disease Study 2015

- Estimates of disease burden and risk factors trends produced for 195 countries by GBD Study 2015
- Over 1800 collaborators in 120 countries contributed
- All available sources of data on mortality, morbidity and risk factors used
- Robust methods developed for producing estimates that allow standardized comparisons across countries, age and sex groups, and over time
- GBD estimates used widely for academic and policy purposes
- Disease burden and risk factors estimates available for India from GBD Study 2015

Relative Per Capita Disease Burden in 2015



Absolute Number of DALYs in Countries: 2015



Healthy Life Expectancy: 1990 to 2015



Causes of Disease Burden in India: 1990 to 2015



1990 2015

Top 10 Causes for DALYs in India: 1990 to 2015



Top Causes for DALYs Rate in India: 1990 & 2015





1990 2015

Top Causes for DALYs: Males and Females in India



India Females, All ages, DALYs

1990 rank	2015 rank	
1 Neonatal preterm birth		1 Neonatal preterm birth
2 Lower respiratory infect		2 Ischemic heart disease
3 Diarrheal diseases		3 Lower respiratory infect
4 Neonatal encephalopathy		4 Neonatal encephalopathy
5 Measles		5 Diarrheal diseases
6 Tuberculosis		6 Iron-deficiency anemia
7 Iron-deficiency anemia	1.	7 COPD
8 COPD	1.	8 Cerebrovascular disease
9 Ischemic heart disease	Y L	9 Sense organ diseases
10 Cerebrovascular disease		10 Low back & neck pain

Age Pattern of DALYs in India: 2015

India All causes Both sexes, 2015



Causes of DALYs Across Countries: 2015

Both sexes, All ages, 2015, DALYs

	India	Q. A.	Chillips	Stilanka
Ischemic heart disease	1	1	2	1
Neonatal preterm birth	2	17	22	17
Neonatal encephalopathy	3	28	34	36
COPD	4	12	4	10
Lower respiratory infect	5	10	17	14
Diarrheal diseases	6	37	90	53
Cerebrovascular disease	7	3	1	6
Tuberculosis	8	61	47	46
Iron-deficiency anemia	9	15	15	12
Low back & neck pain	10	5	3	3
Sense organ diseases	11	8	6	5
Road injuries	12	4	5	11
Diabetes	13	7	10	2
Depressive disorders	14	6	9	9
Congenital anomalies	15	14	13	15

Top 10 Causes for Deaths in India: 2015



Top Causes for Death Rate in India: 2015





1990 2015

Risk Factors Causing Health Loss in India: 1990 to 2015



India Both sexes, All ages, DALYs

2015 rank

1 High systolic blood pressure
2 High fasting plasma glucose
3 Ambient particulate matter pollution
4 Household air pollution from solid fuels
5 Unsafe water source
6 Childhood undernutrition
7 Smoking
8 High total cholesterol
9 Iron deficiency
10 Diet low in whole grains
11 Unsafe sanitation
12 High body-mass index
13 Alcohol use
14 No handwashing with soap
15 Diet low in fruits

Metabolic risks Environmental/occupational risks Behavioral risks

Risk Factors Contribution to Causes of Health Loss in India: 2015



India, Both sexes, All ages, 2015

Population of Indian States



State-level Disease Burden Estimates

- Joint effort of ICMR, PHFI and IHME, in collaboration with the Ministry of Health and Family Welfare
- Robust scientific methods of GBD approach would be utilized as relevant for the states of India
- Use the GBD approach to compute estimates for burden of diseases and risk factors for the Indian states
- Disaggregated findings by age groups, sexes, rural-urban populations
- Use of co-variates to strengthen estimates when data are scanty
- Identify major data gaps that could be improved over time
- Work with many hundreds of collaborators across the states of India

State Level Estimates

. All available sources of data on mortality, causes of death, morbidity and risk factors will be used.

. Smokeless tobacco included as a risk factor

- . Sample Registration System verbal autopsy data.
- . Twelve GBD India Expert Groups formed to guide this work, which include over 150 technical experts representing about 90 institutions

State Level Estimates (contd)

- meetings of the expert groups in February 2017 for more substantial state-level findings

- followed by another set of physical meetings in the middle of 2017.
 - Launch of the state level study results on November 2017